


Why Messiah Had to Rise from The Dead on The Third Day - The Two Sabbaths of Jesus' Resurrection Week By Karen Sue Nyquist

1. The Two Sabbaths of Jesus' Resurrection Week - God counts days from sundown to sundown. Keeping that in mind, let's look at the Passover week when Jesus/Yeshua died. "Passover is not a Sabbath. It is the day of preparation for the High Sabbath that is the first day of the seven day Feast of Unleavened Bread. Y'shua (*Jesus*) died on Passover, but was removed from the cross before sunset, which began the High Sabbath, the first day of the Feast of Unleavened Bread." (1) "because it was the Preparation Day, that the bodies should not remain on the cross on the Sabbath (for that Sabbath was a high day) ..." (John 19:31). Then that Saturday was a regular weekly Sabbath. Looking at the table below should help us visualize this week and it's events.

Genesis 1:5 - And God called the light Day, and the darkness he called Night. And the evening and the morning were the first day.
First month of the year - Abib/Nisan - Exodus 12:6 And ye shall keep it up until the fourteenth day of the same month:

| THURSDAY-Nisan 14 | | FRIDAY-Nisan 15 | | SATURDAY-Nisan 16 | | SUNDAY-Nisan 17 | |
|--|--|---|---|--|--|---|--------------------------|
| Sundown | Sunrise | Sundown | Sunrise | Sundown | Sunrise | Sundown | Sunrise |
| Thurs evening hours | Thurs daytime hours | Fri evening hours | Fri daytime hours | Sat evening hours | Sat daytime hours | Sun evening hours | Sun daytime hours |
| Passover Begins Preparation Day Exodus 12:6 THURSDAY 14 Nisan at sundown Last Supper in Upper Room, arrest in garden | Preparation Day <i>cont'd - Jesus on cross 9am-3pm</i> THURSDAY 14 Nisan, buried after 3pm, before sundown  | Feast of Unleavened Bread - day of convocation - High Sabbath - Lev 23:6,7 | Feast of Unleavened Bread - day of convocation - High Sabbath | Weekly Sabbath Day of rest according to the Commandment | Weekly Sabbath Day of rest according to the Commandment | First day of the week Women came to the tomb before sunrise (Matthew 28:1) | First day of the week |
| DAY 1 | | NIGHT 1 | | DAY 2 | | NIGHT 2 | |

Matthew 12:40 For as Jonah was three days and three nights in the whale's belly;
so shall the Son of man be three days and three nights in the heart of the earth.

(2)

2. What Did Jesus Say About His Death? - After Jesus' resurrection from the dead and before His ascension into heaven, "... He said to them, 'These are the words which I spoke to you while I was still with you, that all things must be fulfilled which were written in the **Law of Moses** and **the Prophets** and **the Psalms** concerning Me.'... Then He said to them, 'Thus it is written, and thus it was necessary for **the Christ to suffer and to rise from the dead the third day**'" (Luke 24:44-46). What do the Law of Moses, the Prophets, and the Psalms say about Messiah's death and resurrection?

3. Why Did Messiah Have to Die? - Prophet Isaiah - Isaiah's chapters 52 and 53 describe Messiah as the Suffering Righteous Servant. "By His knowledge **My righteous Servant shall justify many**, For He shall bear their iniquities ... Because He poured out His soul unto death, And He was numbered with the transgressors, And He bore the sin of many, And made intercession for the transgressors ..." (Isaiah 52:13-53:12). **Fulfillment** - "But God demonstrates His own love toward us, in that while we were still sinners, **Christ (Messiah) died for us**. Much more then, having now been **justified by His blood**, we shall be saved from wrath through Him" (Romans 5:8-9). In paragraph #6 we will cover how Isaiah 53 continues and tells us that the Messiah will resurrect, having His life prolonged.

4. How Would the Messiah Die? - Compare the Messiah's death in **Psalm 22** with Jesus' death on the cross in Matthew 27. "... And all My bones are out of joint ... The congregation of the wicked has enclosed Me. They pierced My hands and My feet ... They divide My garments among them, And for My clothing they cast lots" (Psalm 22). While on the cross, Jesus quotes Psalm 22:1, hoping to draw the people's attention to the prophecy being **fulfilled before them**. "Jesus cried out with a loud voice, saying ... 'My God, My God, why have You forsaken Me?'" (Matthew 27:22-50). **But, Jesus/Messiah would resurrect!** See paragraph #6 for the rest of Psalm 22. You can read Matthew 27 on line.

5. Why Did Messiah Have to Die on Passover? - Law of Moses: Killing the Passover Lamb on the 14th of Nisan - "Now you shall keep it (*the Passover lamb*) until the fourteenth day of the same month. Then the whole assembly of the congregation of Israel shall kill it at twilight" (Exodus 12:6). **John the Baptist:** "John saw Jesus ... and said, 'Behold! **The Lamb of God** who takes away the sin of the world!'" (John 1:29). **Fulfillment** - "Now it was the Preparation Day of the Passover, and about the sixth hour. ... Then he (*Pilate the Roman governor*) delivered Him to them to be crucified" (John 19:14-42). **God's Sign to Confirm** - "Now it was about the sixth hour (*noon*), and there was darkness over all the earth until the ninth hour (*3pm*) ... And when Jesus had cried out with a loud voice, He said, 'Father, into Your hands I commit My spirit.' Having said this, He breathed His last" (Luke 23:44-47). **Prophet Amos** - "I will make the sun go down at noon, And I will darken the earth in broad daylight; I will turn your feasts (*7 day Feast of the Unleavened Bread*) into mourning, And all your songs into lamentation; ... I will make

it like mourning for **an only son**, And its end like a bitter day” (Amos 8:9-10). Jesus was God’s **only begotten Son** (John 3:16). “And the whole crowd who came together to that sight (*His crucifixion*), seeing what had been done, beat their breasts (*a sign of sorrow and guilt*) and returned” (Luke 23:47-49).

6. How Do We Know Messiah Would Rise from The Grave? - Psalms - “For You will not leave my soul (*the Messiah’s*) in Sheol (*the grave or abode of the dead*), Nor will You allow Your Holy One to see corruption (*His body would not decay*)” (Psalm 16:10). Now let’s look at the rest of both Psalm 22 and Isaiah 53. “You (*God*) have answered Me (*Messiah*)...Nor has He (*God*) hidden His face from Him (*Messiah*); But when He cried to Him, He heard”... All the ends of the world Shall remember (*Messiah’s death and resurrection*) and turn to the Lord, And all the families of the nations (*people in all nations are turning to the LORD God and worshiping Him now*) Shall worship before You. For the kingdom is the Lord’s, And He (*Messiah, when He returns*) rules over the nations” (Psalm 22:21,24,27-28). **Prophet Isaiah** - Yet, after Messiah’s death, He’ll be resurrected, “He shall see *His seed*, He (*God*) shall prolong *His (Messiah’s) days*” (Isaiah 53:10). Read Isaiah 52:13-53:12 and Psalm 22 on line.

7. Why Did Messiah Rise on the Third Day? - God revealed His ways to Moses, while the people could only see His acts (Psalm 103:7). One of God’s ways, He uses **the third day for giving life**. **On the third day**, He created living plants (Genesis 1:11-13). **On the third day**, He gave Queen Esther favor, so she could ask for the life of her people (Esther 5:1-2). **Prophet Hosea** - “He (*God*) has stricken, but He will bind us up...; **On the third day** He will raise us up, That we may live in His sight” (Hosea 6:1-2). **Prophet Isaiah** - Isaiah told King Hezekiah he’d be healed and rise up **on the third day** (2 Kings 20:5). **Prophet Jonah** - “Jonah was in the belly of the fish three days and three nights” (Jonah 1:17), then God freed him. Jesus responded - “For as Jonah was three days and three nights in the belly of the great fish, so will the Son of Man (*the Messiah, Jesus Christ*) be three days and three nights in the heart of the earth” (Matthew 12:40), then He resurrected! **Isaac** - Isaac willingly allowed Abraham to bind him as a sacrifice, but then he rose alive from the altar **on the third day**, when God provided another sacrifice (Genesis 22:1-14). **Fulfillment** - Jesus willingly offered Himself as a sacrifice, like Isaac, but for our sins. “He was buried, and that He rose again **the third day** according to the Scriptures” (1 Corinthians 15:4), so now we can have life through Him!

8. Why Did Messiah Have to Rise on The First Day of the Feast of First Fruits? - Law of Moses - “And the Lord spoke to Moses, saying ... ‘you shall bring a sheaf of the first fruits of your harvest to the priest. He shall wave the sheaf before the Lord, **to be accepted on your behalf**; on the day after the Sabbath (*Sunday*) the priest shall wave it” (Leviticus 23:9-11). Passover could be any day of the week, but the Lord said that the Feast of First Fruits was to always be on the first day of the week, the Sunday, after Passover, which that year happened to be **on the third day!** **Fulfillment** - “Now when He rose (*from the dead*) early on the first day of the week” (Mark 16:9), on the Feast of the First Fruits. “Jesus said to her, (*Mary Magdalene*) ‘Do not cling to Me, for I have not yet ascended to My Father ... I am ascending to My Father and your Father, and to My God and your God’” (John 20:17). Jesus had to ascend to heaven and present Himself before the Father **on our behalf**. “He was buried, and that He rose again **the third day** according to the Scriptures, ... But now is Christ risen from the dead, and become **the first fruits** of them that slept” (1 Corinthians 15:4, 20). (“Sleep” is used to describe those who were saved before they died.) Now all who believe in Jesus, God’s Messiah, can have eternal life!

9. How Do We Know Messiah Is Coming Back from Heaven? - Prophet Daniel - “I was watching in the night visions, And behold, *One* like the Son of Man, **Coming with the clouds of heaven!** ... Then to Him was given dominion and glory and a kingdom, ... His dominion *is* an everlasting dominion” (Daniel 7:13-14). Jesus said, referring to Himself, “they will see the Son of Man **coming on the clouds of heaven** with power and great glory” (Matthew 24:30). **Prophet John** - “Behold, He (*Jesus*) is **coming with clouds**, and every eye will see Him, even they who pierced Him” (Revelation 1:7).

- (1) “The Two Sabbaths of Passover - thewayofthemessiah.org
- (2) “Was Jesus Crucified on Wednesday, Thursday, or Friday?” By Shari Abbott, Reasons for Hope, March 28, 28, 2018, [https:// reasonsforhopejesus.com/crucified/](https://reasonsforhopejesus.com/crucified/).

10. Do You want Jesus/Yeshua to be your Lord and Savior? - You can pray to Him now.
Suggested Prayer: “Jesus/Yeshua, I believe that You are the Messiah, that because of Your death I can be justified by Your blood. I know You rose from the dead and will come again to have an everlasting dominion. I ask You to forgive me and cleanse me from all my sins. I repent from trying to live my life my way. I will follow and serve You. Make me the kind of person You want me to be. Right now, Jesus/Yeshua, I receive You as my personal Lord and Savior. AMEN!” Name _____
Date _____ Now that you have received Jesus/Yeshua, spend time with Him. Start talking (praying) to Him. Read the Bible, where He reveals Himself even more clearly. Daily, ask Him to become involved in your life and request His advice, direction, even correction. Obey Him when He reveals His will to you. Spend time with others who love God too. Go to a good church where you feel God’s presence and they preach the Bible. You are invited to come visit us.

NationTakers Ministries - 856 Cabrillo St., SF, CA 94118
Mail P.O. Box 27475, San Francisco, CA 94127
1(415) 337-7027 info@nationtakers.com www.nationtakers.com
Join us on Sunday Livestream at 11 am PT on Facebook or YouTube
www.facebook.com/nationtakers www.youtube.com/nationtakers
We interpret for the Deaf!

