



NationTakers Ministries

KEEPING YOUR DELIVERANCE

Congratulations on your deliverance! We are so happy for you. This article will give you practical biblical guidelines on how to keep your deliverance. “It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery” (Galatians 5:1). You can fight back. Demons are liars. They will tell you that the deliverance didn’t work. They are out of you, but are trying to trick you into letting them back in. Resist them and command them to leave in Jesus’ name and they will leave.



1. GOD WILL HELP YOU - God is a good and patient Father. He is here to help us keep our deliverance. That’s why His Word, the Bible, gives us clear instructions. It takes time for us to grow strong in the Lord. We will make mistakes and trip up. We need to stay close to Jesus, He’s walked this way before. “I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for **without Me you can do nothing**” (John 15:5). When dealing with demons, always say, “In the name of Jesus!” They are stubborn, we must be persistent. They must obey a legal command given in Jesus’ name.

2. LOVE GOD AND KEEP AWAY FROM SIN - Sin is one way that demons can enter us. As long as we love God and keep His commandments, we are less likely to sin. Jesus said, “**You shall love the Lord your God** with all your heart, with all your soul, and with all your mind.’ This is *the* first and great commandment. And *the* second is like it: ‘**You shall love your neighbor as yourself.**’ On these two commandments hang all the Law and the Prophets” (Matthew 22:37-40).

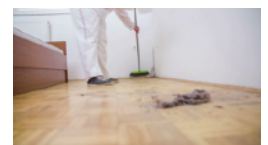


3. WHY DEMONS/UNCLEAN SPIRITS TRY TO RETURN - Jesus explained the conditions under which an unclean spirit will come back into a person. He said, “When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then he says, ‘I will return to my house (*the person*) from which I came.’ And when he comes, he finds *it* **empty, swept, and put in order**. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and **the last state of that man is worse than the first**” (Matthew 12:43-45). We can prevent them from entering again.

a. “EMPTY,” “HALF-FULL” OR “FULL” - When demons have been cast out, we are “empty,” because the demons are gone. To prevent the demons from returning, we must receive Jesus as our Lord and Savior. Then His Holy Spirit will enter us, which means we are no longer empty. It is also important to receive the Baptism of the Holy Spirit so we are “filled” with the Holy Spirit. The Holy Spirit will guide and empower us in how to daily live for God. Keeping close to God, prayer, praise, and worship all can keep us filled with the Holy Spirit.



b. “SWEPT OR DIRTY” - We are “swept” because we have repented, turning away from our sins. We should also continue to be “swept” by keeping away from sinning and quickly confessing and repenting if and when we do sin. “**If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us** from all unrighteousness” (1 John 1:9).



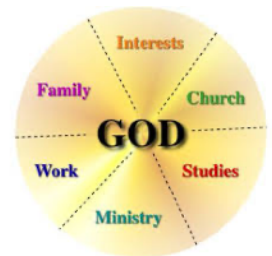
How can we continue to keep clean? By reading and following the Bible (Psalm 119:9)! How can we know which way to go? By reading God's Word (Psalm 119:105-110)! Below are just 3 of the sins we need to sweep out and keep out of our lives.

1) Managing our anger - "Be angry, and **do not sin**": do not let the sun go down on your wrath, **nor give place to the devil**" (Ephesians 4:26-27). We all get angry sometimes, but we should not say or do anything that is sinful. Sinning can open the door for demons to come back in. That's why repenting and confessing to God quickly is important. It will close the door. It's also a way to keep ourselves "**swept**." "God, help me with my anger."

2) Forgiving others - Read Jesus' parable of the unforgiving servant (Matthew 18:21-35). **Not forgiving others opens us up to demonic attacks.** Also, God forgives us in the same manner that we forgive others. Jesus said to pray to God, "And forgive us our debts, as we also have forgiven our debtors. Let's sweep unforgiveness out of our lives. "God, help me forgive!"

3) Loving, not hating our enemies - Jesus said, "But I say to you, **love your enemies**, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you, that you may be sons of your Father in heaven" (Matthew 5:44-45). **There is no way we can do that on our own!** We need Jesus' help, we need to be full of His Holy Spirit. We are not to hate others (1 John 4:19-20), we are to hate evil (Psalm 97:10). "God, please help me! Help me sweep hatred out of my life and replace it with love."

c. "IN ORDER" OR "OUT-OF-ORDER" - We're "**put in order**" because we've renounced all ties to sinful ways and choices. To keep "**in order**" we need to change our lifestyle, put God in the center of our lives, make better choices, and replace bad fleshly habits (Galatians 5:19-21, Romans 13:14) with God-pleasing ones. New habits will include: daily prayer, praise, worship, reading the Bible, listening to Christian music, going to church regularly (Hebrews 10:25), becoming a member, serving in a church, and telling others about Jesus.



4. THE WHOLE ARMOR OF GOD - The Whole Armor of God will help us keep filled, swept, and in order and help us fight demonic attacks that come to everyone. We should use the following Biblical passage (Ephesians 6:10-18) as a **framework on retaining our deliverance**.

a. BE STRONG - "Finally, my brethren, be strong in the Lord and in the power of His might" (Ephesians 6:10). - Determine to be strong in the Lord, He'll give you His power to retain your deliverance. "You are of God, little children, and have overcome them (*demons*), **because He (God) who is in you is greater than he (Satan) who is in the world**" (1 John 4:4).

b. STAND - "Put on the whole armor of God, that you may be able to **stand against** the wiles of the devil" (Ephesians 6:11). Prepare to stand, not to kneel or to fall. If we do fall, we get back up and stand.



c. WRESTLE - "For we do not wrestle against flesh and blood (*people*), but against (*different levels of demons*): principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*" (Ephesians 6:12). Some days the battle will be hard, but it will get easier.



d. USE THE WHOLE ARMOR OF GOD - "Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and 'having done all,' stand" (Ephesians 6:13). As with any armor, each piece is needed for protection. Leaving off one piece, will make us vulnerable in this war. We must do all we are supposed to do.

e. BELT OF TRUTH - “Stand therefore, having girded your waist with truth” (Ephesians 6:14). We need to surround our lives with the truth of God’s Word, “**speaking the truth** in Christ and not lying” (1 Timothy 2:7). Lying can align us with the devil for he is the father of lies and there is no truth in him (John 8:44). Being surrounded with truth makes it difficult for Satan to find a way to defeat us.



f. BREASTPLATE OF RIGHTEOUSNESS - “having put on the breastplate of righteousness” (Ephesians 6:14). Follow the Holy Spirit’s leading, learning to live a life of righteousness, which means consistently trying to do what’s right, but knowing that only Christ’s righteousness saves us (2 Peter 1:1). Our own righteousness, by comparison, is filthy rags (Isaiah 64:6). Christ’s righteousness will protect our heart.

* **“For as many as are led by the Spirit of God, these are sons of God”** (Romans 8:14).

* “present your bodies **a living sacrifice**, holy, acceptable to God, *which is your reasonable service*” (Romans 21:1).

* **“Draw near to God** and He will draw near to you. **Cleanse your hands**, you sinners; and **purify your hearts**, you double-minded” (James 4:8), then God will bless us and we will see Him (Matthew 5:8).

g. SHOES OF THE GOSPEL OF PEACE - “and having shod your feet with the preparation of the gospel of peace” (Ephesians 6:15). Always: 1) be ready to share the gospel, the good news with others and 2) go only to places that are pleasing to God.

* **“Always be prepared** to give an answer to everyone who asks you to give **the reason for the hope that you have**. But do this with gentleness and respect,” (1 Peter 3:15 NIV).

* “If it is possible, as much as depends on you, live **peaceably** with all men” (Romans 12:18). We don’t argue when we witness to others.

* **“speaking the truth in love”** (Ephesians 4:15).

h. SHIELD OF FAITH - “above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one” (Ephesians 6:16). Demonic darts are attacks against our health, finances, family, and mind (Job 1). Faith in God and His Word will quench these attacks. Not only is faith a defensive weapon, it is also has the power to release miracles. **“All things are possible to him who believes”** (Mark 9:23).



i. HELMET OF SALVATION - “And take the helmet of salvation” (Ephesians 6:17). **Our thought life must be in agreement** with “the mind of Christ” and with the Bible, the Word of God. Evil spirits like to target our minds, it’s their favorite battlefield. We must be careful what thoughts we accept, some are like darts, being thrown at us by demons. Their thoughts are those of doubt, fear, worry, despair, depression, etc. and are contrary to the Word of God.



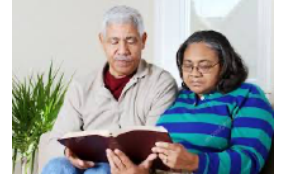
* **“You (God) will keep him in perfect peace, Whose mind is stayed on You**, Because he trusts in You” (Isaiah 26:3).

* **“casting down arguments and every high thing** that exalts itself against the knowledge of God, **bringing every thought into captivity** to the obedience of Christ” (2 Corinthians 10:5).

* “whatever things are **true**, whatever things are **noble**, whatever things are **just**, whatever things are **pure**, whatever things are **lovely**, whatever things are of **good report**, if *there is any virtue* and if *there is anything praiseworthy*—**meditate on these things**” (Philippians 4:8).

* “And do not be conformed to this world, but be transformed by the renewing of your **3**

mind, that you may prove what *is* that good and acceptable and perfect will of God” (Romans 12:2). How do we renew our minds, by reading God’s Word. It helps us think like God does.



j. SWORD OF THE SPIRIT/THE WORD OF GOD - “and the sword of the Spirit, which is the word of God” (Ephesians 6:17). **This is an offensive weapon against demons, like the thrust of a sword.** Each time Satan tempted Jesus, He responded by quoting the Word of God (Matthew 4:1-11). **Boldly declaring the Word and making positive confessions of what we believe will demolish demonic powers.** “I can do all things through Christ who strengthens me” (Philippians 4:13). “In the name of Jesus!”

* “The weapons we fight with are not the weapons of the world. On the contrary, they have **divine power to demolish strongholds**” (2 Corinthians 10:4 NIV).

k. PRAYING ALWAYS - “And **pray in the Spirit on all occasions with all kinds of prayers and requests**” (Ephesians 6:18). **Prayers are also offensive weapons.** There are many kinds of prayers. Praying in the Spirit is directed by the Holy Spirit and can be in tongues (1 Corinthians 14:15), in travail, or with prophetic revealed insights. Praise and worship can be like a two-edged sword, slashing back and forth in the spirit realm (Psalm 149:6-9). They both can drive demons out of your home.



l. BE ON GUARD - “With this in mind, **be alert and always keep on praying for all the Lord’s people.**” (Ephesians 6:18 NIV). Trust the power of your prayers. **Pay attention,** notice when negative things are happening in your life, when negative thoughts are invading your mind or dreams, or when you are speaking negatively. Speak positively, in agreement with God’s word. If you need help, don’t hesitate to ask, text, or call Christians to pray for you, especially when you are in a spiritual battle. Their prayers and faith are a powerful backup for you. Be sure to pray for them too. See below for more tactics you can use in spiritual warfare.

5. MORE WAYS TO DEFEAT DEMONS - Always say, “In the Name of Jesus!”

a. JESUS GIVES US AUTHORITY AND POWER OVER EVIL SPIRITS - “Behold, I give you the **authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you**” (Luke 10:19). Use them both.

b. SUBMIT AND RESIST - “Therefore **SUBMIT** to God. **RESIST** the devil and he will flee from you” (James 4:7).

c. BINDING AND LOOSING - Jesus said, “**whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven**” (Matthew 18:18). “Devil, I bind you, in Jesus’ name. You may not do that here! You must leave this place. I loose the peace of God in this place, in Jesus’ name!” Jesus has your back. He will always be there to help you. Be persistent, the demons will leave.



d. CASTING OUT DEMONS - Jesus gave the command to you to cast out demons. If they sneak back in through a door you have opened, repent and confess, then cast them out of yourself, your home, your car, etc.

Please reach out to our deliverance ministry for prayer, help, and advice.

NationTakers Ministries

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